

Training Groups – Slalom

Group A

Austria, Belgium, Czechia

Group B

Andora, Spain, Nederland

Group C

Greece, Italy, Latvia, Portugal

Group D

Great Britain, Macedonia, Kosovo,
Ukraine

Group E

Croatia, Ireland, Serbia, Slovenia

Group F

Switzerland, Slovakia, Sweden

Group G

France, Independent Neutral
Athletes, Luxemburg

Group H

Germany, Poland, Türkiye

Training Groups – Kayak Cross

Group W

Finland, Ireland, Luxemburg, Slovenia, Switzerland, Ukraine

Group X

Andora, Croatia, Spain, Great Brittan, Italy, Latvia

Group Y

Austria, Czechia, Nederland, Slovakia, Sweden, Forerunners

Group Z

Independent Neutral Athletes, Belgium, France, Germany, Luxemburg, Poland,
Türkiye

Restriction on Training

As at every competition, athletes competing exclusively in Kayak Cross are not permitted to participate in the slalom training sessions. This also applies to canoe slalom athletes not competing in kayak cross, they are not permitted to participate in Kayak Cross training sessions.

Kayak Cross Training 21st September

- The main Kayak Cross training will be later in the evening, to reflect the timing of the final rounds of the kayak cross elimination competition.
- There will be two 'open' sessions after the slalom training. To ensure the course does not become overcrowded, teams must sign up their athletes for these sessions. Signup for the sessions will be available in Sports information from 20th September. If these sessions become full, additional sessions may be made available between 18:00 and 19:00.

Training Times

	19-Sep	20-Sep	21-Sep	22-Sep
08:00	A	X	E	Z
08:30		Y		W
09:00	B	Z	F	X
09:30		W		Y
10:00	C	Change	G	Change
10:30		A		E
11:00	D		H	
11:30		B		F
12:00	E		A	
12:30		C		G
13:00	F		B	
13:30		D		H
14:00	G		C	
14:30		E		A
15:00	H		D	
15:30		F		B
16:00	Change		Fore Runners	
16:30	W	G		C
17:00	X		Change	
18:00	Y		Free MX	D
18:30	Z	H	Free WX	
19:00		Fore Runners	Y	Fore Runners
19:30			Z	
20:00			W	
20:30			X	

23 September – Slalom only

08:00	08:45	09:30	10:15	11:00	11:45	12:30	13:15
A	B	C	D	E	F	G	H

26 September Kayak Cross Only

08:00	09:00	10:00	11:00
W	X	Y	Z